

THE UNSHAVEN FUT OR FUE HAIR TRANSPLANTATION

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INTRODUCTION AND OBJECTIVE:

According to the size of the baldness and prognosis and the donor hair capacity. Hair restoration should be tailored to the individual's needs.

Unshaven strip follicular unit transplants (FUL) and unshaven follicular unit extraction (FUE) are both good methods with their advantages and disadvantages. Sometimes they can be combined.

The indications are almost for male androgenetic alopecia and female androgenetic alopecia, some cicatricial alopecia (burns, post radiotherapy etc...), afro-american traction alopecia and body hair alopecia (eyebrows, beard).

MATERIALS AND METHODS:

Schematically 2 procedures of hair transplantation are available:

- **The unshaven Follicular Unit Extraction (FUE):** the scalp is not previously shaved. Hairs are harvested with hand or motorized 0.7 to 1 mm punches. 1000-2000, 1-3 hair FUE are implanted in one session.
- **The Follicular Unit Long Hair (FUL):** the scalp is not previously shaved. Long hairs are harvested with a strip followed by a "trichophytic closure" with an undetectable linear scar which can be, eventually, easily corrected in a second time with some FUE.
Usually 1000-2000 1-3 hairs FUL are implanted in one session. For the surgeon it is easier to give the orientation and choose their calibers and colors.

The main advantage of this two unshaven procedure is that the harvested donor area is immediately covered by the long remaining hair.

RESULTS:

For each FU indications the best choice upon each procedure will be developed according to the age (young or older patient), to the ethnic variations (Afro-Americans, Asians...), to their psychological profile and their own esthetic desire.

CONCLUSION:

The modern methods of hair transplantation known as the unshaven FUT (FUL) and the unshaven follicular unit extraction (FUE) have been refined. These treatments are now the best solutions for an aesthetic and definitive correction of various alopecia.