

UNSHAVEN (FUT – FUL) TECHNIQUES AND INDICATIONS

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INTRODUCTION:

According to the size of the alopecia, the baldness evolution and the donor hair capacity, hair restoration should be tailored to the individual's needs. The use of the Unshaven strip follicular unit transplants (FUL) is a method with its advantages and disadvantages. Sometimes FUL can be combined with follicular unit extraction (FUE). The multifactorial classification and the digital phototrichogram are essential.

OBJECTIVE:

The indications are almost for male androgenetic alopecia and female androgenetic alopecia, some cicatricial alopecia (burns, post radiotherapy etc...), afro-american traction alopecia and body hair alopecia (eyebrows, beard).

MATERIALS AND METHODS:

- **The multifactorial classification** and the digital phototrichogram (Trichoscale[®]): calculate precisely the capacity of the donor area.

- **The Follicular Unit Long Hair (FUL):** the scalp is not previously shaved. Long hairs are harvested with a strip.
Usually 1000-2000 1-3 hairs FUL are implanted in one session. For the surgeon it is easier to give the orientation and choose their calibers and colors.

The main advantage is that the harvested donor area and the recipient area are immediately covered by the long hair.

RESULTS:

For each FU indications the best choice upon each procedure will be developed according to the age (young or older patient), to the ethnic variations (Afro-Americans, Asians...), to their psychological profile, their hair styling (shaved or unshaved) and their own esthetic desire.

CONCLUSION:

The unshaven FUT (FUL) method has been refined and well defined. This treatment is one of the solution, alone or combined with FUE, for an aesthetic and definitive correction of various definitive alopecia.